

The Nasty Triangle

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Crib sheet for Nasty Triangle Exercise

- Bring the singer's attention to the natural changes in feeling/sound that accompany changes of pitch.
- Start small; make the "hunn" and slide up a whole step.
- This sounds horrible. But it's the exaggerated sound that can allow it to work so well!
- Allow them to become comfortable with the increase of breath energy needed for higher pitches and the exaggerated sound needed to access this feeling/concept.

Be reassuring. The combination of the ugly sound and extreme volume can make singers feel unsure.

Really listen for the "point of their triangle" especially at "bridge" points like Bb-B.

It's new. It doesn't have to be perfect the first time. Let the singer get the hang of how this works.

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