

# Neuro-Vocal Teacher Training

## The Big Things To Remember

### Brain Things

- Brains are constantly **predicting!**
- Remember **experiential blindness**. Brains need a chance to "understand" *what* they're predicting *for*.
- Brains do 1 thing at a time.
- Building skills = building neural pathways = an organic process that takes time.
- **Let their brains solve the problem.** Set a **single** objective: that's the problem the brain needs to solve.
- Procedural memory = **Intention, attention, repetition, time.**

### Singing Things

- Learned **behaviors** become organic **skills**.
- Most people work/try too hard. Moving their awareness to feeling (by default) will help them find the right balance.
- If a singer is going to perform on mic, they need to practice on mic. It's part of the sound.
- The singer has the agency. Ask, reflect, guide.  
*Your way may not be the "right" way for that singer.*
- Skills **build** on skills.

### Teaching Things

- You're not there to entertain them. Don't worry about being "boring."
- Take it slow. Repeat to get the feeling.
- Nothing has to be perfect right out of the gate.
- "Yes, and..." is more effective than correcting mistakes.
- Start with Hnnn. Nearly always.
- Use the handout from Module 8: *The New Student*
- Use the scripts until you get the hang of it. (It won't make you any less awesome. 😊)