



Module 4.1: Level 2

Unit 1 End: *Peer Coaching Workshop*

Unit 1, Week 6 (of 6)

Peer coaching

Unit 1 End: Peer Coaching is to allow or encourage coaches to become familiar (or more familiar) with the recommended application of NVM principles.

Overall focus of the class: Your focus is to guide and encourage. Bring attention to what was effective or what was discovered. If someone needs corrections, create context by explaining the principle, and guide them to discover the efficacy of the scripts.

What happens in peer coaching:

- Greet people, quickly run through housekeeping **(10-15 mins)**



- Sent people into breakout rooms in pre-determined pairs **(25 mins)**
 - Bring people back together. Ask each “client” what their coach did that they learned from, or appreciated. **(10-15 mins)**
 - *If there’s time*, take a 5-minute break
 - Send people back into breakout rooms with the same partner **(25 mins)**
 - Bring people back together. Ask each “client” what their coach did that they learned from, or appreciated. **(10-15 mins)**
 - Say good-bye!
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- **Before class:**
 - Check in 15 mins before class: any emails or texts?
 - Open or print instructor notes
 - Pull up your *Step Zero* and *Find the Tinn* scripts
 - Print it out, or have it in your tablet (however you’d use it in a lesson).
 - Have it handy. You may use it in this session.
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- **Jump into class:**
 - Do not check in with participants. Just greet them and go quickly through housekeeping.



- **Housekeeping:**
 - Remind anyone who has not scheduled their 1-on-1 coaching to do so.
 - Remind everyone how they are getting their information. Share your screen to the Course Overview page, highlighting the contents of the page. You can also share one of your post-class emails to show them what they should look for.
 - Explain how the peer coaching will go, and give everyone a chance to bring up their scripts.
 - Hopefully, they already have them, because you sent them an email reminder, but people are people.

Peer coaching workshop:

There will be two 25-minute coaching sessions. EITHER, set the breakout room timer, OR, after putting people in the breakout rooms, set a timer.

BEFORE you put them in their breakout rooms, REMIND THEM that they are taking turns – **the first breakout session** is for



Person A to be the coach, and **the second breakout session** is for Person B to be the coach.

Coaching Session No. 1:

- 25 minutes in a breakout room with a partner
- **Person A** coaches, **Person B** is the client

Discussion:

Take a 10-15 minute break here to ask questions. Ask each “client” what they appreciated about, or learned from, their “instructor’s” approach.

BREAK: Take a 5-minute break if time allows

Coaching Session No. 2:

- 25 minutes in a breakout room with the same partner
- **Person B** coaches, **Person A** is the client

Discussion:

Take a 10-15 minute break here to ask questions. Ask each “client” what they appreciated about, or learned from, their “instructor’s” approach.