



For those of you who like lists (...me 🙋)

here's a list of all the stuff!

### Before class meets:

- Put **all class dates** on your calendar, and reserve that time & place for yourself.
- Make an email folder for this class.** I'll be sending emails with links to the learning & recap pages before and after each class. [#greatstuff](#)
- Please put [MeredithColby@icloud.com](mailto:MeredithColby@icloud.com) in your address book. I'll be sending emails to the class and they'll end up in your "junk" folder if I'm not in your contacts.
- My mobile number is 1-847-863-5444 if something urgent comes up.
- Update and optimize your Zoom settings.
- [Fill out the intake questionnaire.](#)
- "Friend" me on Facebook (if we're not already). Then I'll invite you to join the NeuroVocal Certification page!



- Take the Introduction to NeuroVocal Method on the Teachable site. The address is [MoneyNotes.Teachable.com](https://www.moneynotes.teachable.com) and the code is **VOICEPRO**
- Download your free [Money Notes ebook](#).
- If you did not include it in the intake questions, please send me your mailing address and an emergency contact. (Because I need to be able to respond to any emergency I might observe while in the Zoom Room, I collect this information for each and every client. This falls under the category of “better to have it and not need it..”)

## If you like paper...

- Print out the [class syllabus](#).
- Print out [the glossary](#).
- [Buy Money Notes](#) for 75% off on Amazon.

## Once the class starts:

- Make time to read sections of the book *Money Notes*. It's an easy read, and can be read a bit at a time.
- Before class each week:
  - Make 30 mins per week (*max*) to do the course work
- Check the Facebook group when you can. (If you're a fb person.)



## Requirements for Certificate of Completion:

**This is a quiz-free class (cuz brains...) but you do have to meet some criteria in order to be certified. The requirements are:**

- Attend, live & in person, 15 of the 16 classes. (If you miss a class it will be available via zoom recording.)
  - Being 15+ minutes late or leaving 15+ minutes early will equal missing  $\frac{1}{3}$  of a class.

If you have questions between classes, please feel free to reach out to me via email at [MeredithColby@icloud.com](mailto:MeredithColby@icloud.com). (I have like...seven email addresses, and this is the one I check regularly.) If email is not a format that works for you, please let me know so we can communicate effectively.

*Meredith*