

Unit 2, Module 10

Peer Coaching Workshop

For the workshop:

There will be **two 25-minute breakouts**.

Please use the **first 25-minute** breakout with **Person A** as the *Coach*. After we come back and share feedback, we'll break out again. For the **second 25-minute** breakout **Person B** will be the *Coach*.

- **10 minutes: Warm up and focus**
 - **If *Client*** is already warmed up try a Nasty Triangle exercise.
 - **If *Client*** is *not* warmed up:
 - Do a *hunn-ee* exercise on a single pitch in a comfortable range.
 - If there's time after that, do a *Cartoon Mouse* exercise on a descending 3 or 5-note pattern
- **15 minutes: Style coaching**

- *Client* should sing one or two 8-bar phrases from a song (*At Last* or other).
 - Make a choice about three or more stylistic things you'd like to do to that phrase.
 - Don't be afraid to copy the original artist.
- *Coach* can then
 - Reflect something positive and ask *Client* an open-ended question about their experience.
 - e.g., “That sounded really good! What did you think of that”?
 - e.g., “Those low notes were so rich! How was that for you”?
 - e.g., “The way you styled that seemed very natural to me. Were you happy with everything”?
 - If appropriate, *Coach* can offer *Client* one or two suggestions to try on for size.
 - Base these suggestions on your style vocabulary and your feeling about the song, the singer, and their intersection.
- *Client* can then assess what they thought and/or how they felt about the changes and/or choices.