

# Course Calendar

January 26, 2024 - June 28, 2024

# NeuroVocal

*a groundbreaking approach to singing*

## Unit 1: The Nervous System and Singing

### January 26th - March 1st

- ❖ January 26    Module 1    Brain Basics: *What Brains Are For*
- ❖ February 2    Module 2    An Inside Job: *Interoceptive Awareness*
- ❖ February 9    Module 3    Doing the Math: *Your Brain Does the Heavy Lifting*
- ❖ February 16    Module 4    The Neural & the Vocal: *Building on Neurological Tools*
- ❖ February 20                   *Scheduled & Recorded Coaching Workshop*
- ❖ March 1        Module 5    Peer Coaching

## Unit 2: Singing Popular Styles

### March 8th - April 12th

- ❖ March 8        Module 6    The Nasty Triangle: *Blending High in Popular Styles*
- ❖ March 15      Module 7    Registration: *Vocal Camouflage and Textures*
- ❖ March 22      Module 8    Style: *How's That Going to Happen?*
- ❖ March 29      Module 9    Stylecraft Tool Box
- ❖ April 4                        *Scheduled & Recorded Coaching Workshop*
- ❖ April 12        Module 10    Peer Coaching

## Unit 3: The Respiratory System and Singing

### April 19th - May 17th

- ❖ April 19        Module 11    The Parts & The Whole: *The Respiratory System*
- ❖ April 26        Module 12    Breathe Like a Chimp
- ❖ May 3            Module 13    Connect the Dots: *A Reliable High Mix*
- ❖ May 15                        *Scheduled & Recorded Coaching Workshop*
- ❖ May 17        Module 14    Peer Coaching

## Unit 4: How Brains Learn

### May 24th - June 28th

- ❖ May 24        Module 15    Your Brain Sings Before You Do: *Now That You Know*
- ❖ May 31        Module 16    The Hands of Time: *How Attention Molds Learning & Behavior*
- ❖ June 7         Module 17    A Different Ball Game: *Coaching for the PM Singer*
- ❖ June 14                       *Scheduled & Recorded Coaching Workshop*
- ❖ June 21        Module 18    *Peer Coaching*
- ❖ June 28        Module 19    Final Class