



For those of you who like lists (...me 🙋)

here's a list of all the stuff!

### Before class meets:

- Put **all class dates** on your calendar, and reserve that time & place for yourself.
- Make an email folder for this class.** I'll be sending emails with links to the learning & recap pages before and after each class. [#greatstuff](#)
- Please put [MeredithColby@icloud.com](mailto:MeredithColby@icloud.com) in your address book. I'll be sending emails to the class and they'll end up in your "junk" folder if I'm not in your contacts.
- My mobile number is 1-847-863-5444 if something urgent comes up.
- Update and optimize your Zoom settings.
- [Fill out the intake questionnaire.](#)
- "Friend" me on Facebook (if we're not already). Then I'll invite you to join the NeuroVocal Certification page!
- If you did not include it in the intake questions, please send me your mailing address.



- Take the Introduction to NeuroVocal Method on the Teachable site. The address is [MoneyNotes.Teachable.com](https://MoneyNotes.Teachable.com) and the code is **VOICEPRO**
- Download your free [Money Notes ebook](#).

## If you like paper...

- Print out the [class syllabus](#).
- Print out [the glossary](#).
- [Buy Money Notes](#) for 75% off on Amazon.

## Once the class starts:

- Make time to read sections of the book *Money Notes*. It's an easy read, and can be read a bit at a time.
- Before class each week:
  - Make 30 mins per week (*max*) to do the course work
- Schedule your private sessions with me. You can feel free to schedule several ahead if that's how you roll. You'll find the link on the *Course Overview* page for your class.
- Check the Facebook group regularly.



Other stuff:

**This is a quiz-free class (cuz brains...) but you do have to meet some criteria in order to be certified. The requirements are:**

- Attend, live & in person, 15 of the 16 classes. (If you miss a class it will be available via zoom recording.)
- Attend 3 of the 4 peer coaching workshops.
- Have all 8 private coaching sessions with me (to be concluded within 2 weeks of the last class).
- Submit for review a 30-minute video of you teaching with NVM principles.

If you have questions between classes, please feel free to reach out to me via email. If email is not a format that works for you, please let me know so we can communicate in a good way.

*Meredith*