

Principle 4:

Cartoon Mouse

Exercise objectives:

- Introduce the singer to the concept of using feeling to guide register coordination.
- Help them access M2 functionality in a way that will serve the styles they sing while showing them how a high mix will feel.
- Introduce vocal textures inherent in M2 along with the idea of “vocal camouflage.”

This is a goofy exercise!
Have fun with your singer!

This can help the singer “connect the dots” to using their higher range with more confidence.

Find what works better for your client: ***interoception*** or ***concepts***.

NeuroVocal

a groundbreaking approach to singing

NVM TRIFECTA;

- A buzzy feeling in the face and/or mouth
- A feeling of "nothing" in the larynx
- Abdominal engagement



Engage playfully while they find the exaggerated placement needed for this exercise.



They can reach for a feeling or a sound. It will help them in the long run if they can connect the sound with a feeling.



The objective of any patterns you give them is to *connect* the feeling (or sound) through the pitches. As they do this they'll feel whole-body engagement.



What's important is INTENTION and ATTENTION. Are they reaching for the feeling?



Are they afraid they "sound bad?" That's ok. Close is good enough while they get the hang of it.



Bring their attention to their physical experience of making sound.

- laryngeal ease
- face or mouth placement