



## Module 1.4.1: Level 2

### Open Coaching Observation

#### Unit 1, Week 5

This is an opportunity to see neurodidactic instruction in real time.

**Week 1.5: Coaching observation** is to help participants begin to see how the NVM principles are applied in a coaching context.

**Overall focus of this event** is for the Instructor to work with a singer with a laser focus on NVM principles and coaching practices.

- **Before class:**
  - Check in 15 mins before class: any emails or texts?
  - Open or print trainer notes
  - 10-15 mins before class, check in with your volunteer per the email you sent.
- **Let people into the Zoom room**
  - Greet people as they come in.



- Once everyone is there, let them know if you'll be stopping right on time, or if you'll stop on time but stay for [x] minutes for questions and discussion.
- Tell attendees to put their questions and comments in the chat. Tell them you'll get to them at the end of the hour.
- Remind everyone that this recording will be made available to the coachee and course participants only.
- Introduce the singer before the coaching session begins.

- **START RECORDING**

- **Typical structure for coaching observation**

1. Warm welcome
2. Vocal warm-up (10-15 mins)
3. Singer performs selected excerpt (5 mins)
4. Coaching session (30-40 mins)
5. Short reflection with singer (5 mins)
6. Dismiss singer (if doing teacher debrief separately)
7. Q & A with observers

**Please keep the following things in mind when you run these coaching sessions:**



- This is for the singer, but more specifically, it's for the observers.
- ***PLEASE do not use other modalities unless you're completely stuck. IF you need to implement techniques from other modalities, make this clear and include attribution.***
- Remain clearly focused on NVM principles. Focus on both the 6 physiological principles and the coaching framework.
- Be aware of *restraint*. Show the observers how best to guide ***the singer's brain*** to solve the problems, make the choices, and gain familiarity.
- Please stop from time to time to make clear to the observers *what* practice or principle you used and *why* you made that choice.
- Use videos of Meredith coaching if a reference would feel supportive.